Electric Blue Hap

Sciaenochromis fryeri

By John Moyles

The electric blue hap, *Sciaenochromis fryeri*, has had many common names including electric blue ahli, electric blue hap and Iceberg hap. They get their name for the coloration of the male. Males are bright blue and get about 8 inches long. Females are a slate gray color and are smaller, topping out at about 6 inches.



They are bigger fish and should be kept in a tank no smaller than the standard 75 gallon tank. In the wild, they are found around rock piles and these mounds should be recreated in the aquarium. Being rift lake cichlids, they enjoy higher pH and a temperature of 72° to 82° F.

They are predatory in the wild and not picky in the aquarium. They will eat prepared foods, live and frozen foods readily.

Breeding is easy. Like most Rift Lake cichlids, it is best to keep one male to multiple females and maintain them under good conditions. During courtship, the male's color will increase and he will dance by a sloped rock to entice the female to breed. Females can lay between 30 to 70 eggs which she carries in her mouth. After about three weeks she will spit out fully developed free-swimming fry.